TELISA SPIKES, PhD, RN
Assistant Professor, Tenure-Track
Nell Hodgson Woodruff School of Nursing
Emory University
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EDUCATION

2019-21	Post-Doctoral Fellowship	Emory University Rollins School of Public Health	Cardiovascular Epidemiology
2014-19	Doctor of Philosophy	Emory University Nell Hodgson Woodruff SON	Nursing
2008-09	MSN	Kennesaw State University	
2000-03	BSN	Georgia Baptist College of Nursing Mercer University	
1998-00	Pre-Nursing Studies	Clark Atlanta University	

LICENSES & CERTIFICATIONS

2003-	Registered Nurse, GA	RN167809

HONORS & AWARDS

2016	Rising Star of Research and Scholarship	Sigma Theta Tau
2016	Best Scholarly Poster (1st Place)	Emory University Nurses Scholar Day
2016	2016 Summit Scholar	CDC Millennial Health Summit
2014	AACN Health Policy Scholar	Graduate Nursing Student Academy
2011	Quality Award for Patient Safety (1st Place)	Emory Saint Joseph's Hospital
2003	Godfrey Award for Acute Care Adult Health	Mercer University Georgia Baptist College of Nursing

PROFESSIONAL EXPERIENCE

07/2021-	Assistant Professor, Tenure Track	Emory University Nell Hodgson Woodruff SON
07/2019-06/2022	Cardiovascular Epidemiology Post-Doctoral Research Fellow	Emory University Rollins School of Public Health
2017-21	Adjunct Faculty-Ambulatory Clinical	Emory University Nell Hodgson Woodruff SON
07/2014-06/2019	PACU per-diem	Emory Saint Joseph's Hospital
07/2010-05/2014	Unit Director, Cardiac Step-Down Unit	Emory Saint Joseph's Hospital
08/2008-07/2010	Assistant Nurse Manager Telemetry	Wellstar Cobb Hospital
08/2007-07/2008	Critical Care Resource Nurse	Wellstar Cobb Hospital
10/2006-07/2007	Nurse Consultant	McKesson Technologies
01/2004-10/2006	Staff Nurse Post-Open Heart Unity	Piedmont Hospital

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SCHOLARSHIP: GRANTS & OTHER FUNDING

Research Grants Submitted

American Heart Association (AHA)
Career Development Award

Submitted on December 12th, 2022 to AHA
PI, 75% Effort
Total Cost $231,000

Genentech Innovation Fund for Health Equity
Submitted on June 10, 2022 to Genentech Foundation
Not funded
PI, 75% Effort
Total Cost $350,000

Research Grants Funded by NIH

The Contribution of Chronic Stressors in Psychosocial Resources on Aging in Young and Early Middle Age African American Women (Spikes)
Funding Agency: National Institute of Health/ National Institute of Nursing Research (NINR) (Grant #1K23NR020631-01A1)
PI, 75% Effort
Total Cost: $454,358.64
Funding Period: 07/2022-06/2024

Educational, Training, or Program Grants Funded

The Contribution of Chronic Stressors and Psychosocial Resources on Aging in Young and Early Middle Age African American Women (Spikes)
Funding Agency: National Institute of Health/National Heart, Lung, Blood Institute Loan Repayment Award (Renewal) (LRP#1L30HL157996-02)
Awardee, 75% Effort
Total Cost: $19,986.83
Funding Period: 07/2022-06/2024

Race Related Stressors and Cardiovascular Risk Among Young and Early Middle Age African American Women (Spikes)
Funding Agency: National Institute of Health/National Heart, Lung, Blood Institute Loan Repayment Award (LRP#1L30HL157996-01)
Awardee, 75% Effort
Total Cost: $25,338.58
Funding Period: 07/2020-06/2022

T32 Training Grant Multidisciplinary Research Training to Reduce Inequalities in Cardiovascular Health (Vaccarino)
Funded by NIH NHBLI (Grant #T32 HL130025)
Post-Doctoral Research Fellow
Funding Period: 07/2019-07/2021

F31 NRSA Predoctoral Training Grant (Spikes)
Funding Agency: NIH NINR
PI, 100% Effort
Total Costs: $88,0880.00
Funding Period: 04/2018-05/31/2019

Sigma Theta Tau (Spikes)
Funding Agency: Alpha Epsilon Chapter of Sigma Theta Tau
PI
Total Cost: $1,000.00
Funding Date: 05/2018

Dr. Dorothy Coverson Dissertation Grant (Spikes)
Funding Agency: Gamma Chi Chapter of Chi Eta Phi Sorority, Inc.
PI
Total Cost: $750.00
Funding Date: 08/2018

T32 Training Grant Improving Outcomes in Chronic Conditions (Dunbar)
Funding Agency: NIH (Grant #T32NR012715)
Research Trainee
Total Cost: $28,000.00
Funding Period: 08/01/2016-08/31/2017

SCHOLARSHIP: PUBLICATIONS (data-based denoted with *, senior or first author with +, student or corresponding authors underlined)

Peer-Reviewed Publications – Published

1. Lewis, T., Parker, R., Murden, R., **Spikes, T**., Erving, C., McKinnon, I., Van Dyke, M.E., Booker, B., Vaccarino, V., Moore, R.H. (2023). Network stressors, personal stressors, and ambulatory blood pressure in African American women-Does superwoman schema play a role? *Health Psychology*, 42(7), 485-495. https://doi.org/10.1037/hea0001309. *
2. [+]**Spikes, T**., Alam, A.B., Lewis, T.T., Windham, B.G., Kucharska-Newton, A., Alonso, A. (2023). Association of socioeconomic status with arterial stiffness in older African American and White Adults: The ARIC Study Cohort. *The American Journal of Preventive Cardiology*, 10.1016/j.ajpc.2023.100469.[*]
3. [+]**Spikes, T**., Isiadinso, I., Mehta, P., Dunbar, S., & Lundberg, G. (2022) Socioeconomic characteristics of African American women attending community blood pressure screenings. *American Heart Journal Plus: Cardiology Research and Practice,* 13:1-7. https://doi.org/10.1016/j.ahjo.2022.100123.[*]
4. [+]**Spikes, T**. Murden, R. McKinnon, I., Van Dyke, M., Bromfield, S. Moore, R., Booker, B., Rahbari-Oskoui, F., Quyyumi, A., Vaccarino, V., & Lewis, T.T. (2022). Net Worth, Debt Stress, and Ambulatory Blood Pressure in African American Women. *JAMA Network Open*, 5(2), 1-13. 10.1001/jamanetworkopen.2022.0331.[*]
5. Abel, W., **Spikes, T**., Greer, D. (2021) Hypertension Stigma Among Black Women. *Journal of Cardiovascular Nursing*, 36(2), 96-103. 10.1097/JCN. 0000000000000759.
6. [+]**Spikes, T**., Higgins, M., Lewis, T., & Dunbar, S. (2020). The Effect of Contextualized Racial and Gendered Stressors, Social Support, and Depression on Hypertension Illness Perceptions and Hypertension Medication Adherence in Young Hypertensive African American Women. *Journal of Cardiovascular Nursing*, 35(6), 576-587. http://dx.doi.org/10.1097/JCN.0000000000000671.[*]
7. [+]**Spikes, T**., Higgins, M., Lewis, T., & Dunbar, S. (2019). The associations among illness perceptions, resilient coping, and medication adherence in young adult hypertensive black women. *Journal of Clinical Hypertension.* (Greenwich), 21(11), 1695-1704. https://doi.org/10.1111/jch.13712.[*]
8. [+]**Spikes, T**., Higgins, M., Quyyumi, A., Reilly, C., Pemu, P., & Dunbar, S. (2019). The Relationship Among Health Beliefs, Depressive Symptoms, and Social Support in African Americans with Hypertension.[*]

9. [+]**Spikes, T**. & Addudel, K. (2010). Utilizing Evidence-Based Design in a Community Hospital ICU. *Nursing Economics*, (28)4, 279-282.

Other Publications (please label as book chapter, book review, research abstract, software, video, etc.)

1. **Spikes, T.** (2023). SDOH influences on Chronic Stress: The physiological cost that increases the risk of heart disease in early midlife African American women. (Book chapter) Transforming Social Determinants to Promote Global Health: Achieving Health Equity through Lived Experiences, Editor: Springer (In pre-production).
2. Juraschek, S.P., Cortex, M., Flack, J.M., Ghazi, L., Kenny, R.A., Rahman, M., Spikes, T., Shibao, C., Biaggioni, I., on behalf of the American Heart Association Council on Hypertension (2023). Orthostatic Hypotension in Hypertensive Adults: A Scientific Statement by the American Heart Association. (In Press)

SCHOLARSHIP: PRESENTATIONS (invited presentations denoted with ♯, podium presentations denoted with ^, ♯♯Poster presentation)

National Presentations (if conference is run by a national organization)

1. Johns Hopkins Center for Health Disparities Seminar Series, "Chronic stress and CVD risk in African American women", December 2023[^]
2. Early Life Trauma Exposure and Subclinical Cardiovascular Disease Risk in Black Men and Women, (Presented at AHA Scientific Sessions, 2023). Philadelphia, PA, November 2023.[♯♯]
3. Social and Structural Determinants of Health of Cardiovascular Health In Nursing Science, Socioeconomic Status and Subclinical CVD in African American and White Adults, Presented at AHA Scientific Sessions, Philadelphia, PA, 2023.[^]
4. Life's Simple 7 and Arterial Stiffness in Black and White women, AHA Scientific Sessions, Chicago, IL, 2022.[♯]
5. Individual SES, Inflammation, and Arterial Stiffness in African Americans and White Adults: The ARIC Cohort, EPI Lifestyle Sessions, Virtual, 2021.[^]
6. Network Stressors, Personal Stressors, and Sustained Hypertension in African American Women. American Heart Association, EPI Lifestyle Sessions. Phoenix, AZ, 2020.[^]
7. Associations Among Contextualized Racial and Gendered Stressors, Social Support, Depressive Symptoms and Blood Pressure Medication Adherence in African American Women 18-45 Years of Age., Southern Nursing Research Society, Orlando, FL, 2019.[^]
8. New Hypertension Guideline Definition Increases Diagnosis of Stage 2 Hypertension in African American Women. American Heart Association, Chicago, IL, 2018. ♯♯
9. Predictors of Health Provider Follow-up in African American Women After a Community Blood Pressure Screening Event. American Health Association, Anaheim, CA, 2017. ♯♯
10. Competing Self-Care behaviors and its effect on Medication Adherence in Patients with Heart Failure and Other Comorbidities. Council for the Advancement of Nursing Science Conference, Washington, DC, 2016. ♯♯
11. The Effect of a lifestyle Intervention on Psychosocial Factors and Medication Adherence in African Americans with Metabolic Syndrome. Southern Nursing Research Society, Williamsburg, VA, 2016.♯♯
12. Utilizing I-pod Technology in patient discharge teaching to Improve Patient Satisfaction. Poster Presentation, National Magnet Conference, 2013.♯♯

State/Regional Presentations (if conference is run by a state/regional organization)

1. Pathway to Longevity: Maximizing the Health of Former NFL Players, Harvard University and Morehouse School of Medicine, 2023.♯

2. Characteristics of a Socioeconomically Diverse Cohort of African American Women Attending a Community Blood Pressure Screening Program. Health Equity Day, Emory University, 2021.##
3. Improving Patient Satisfaction Incorporating a Patient Care Delivery Model. Poster Presentation (1st Place Award), Emory Saint Joseph's Hospital, 2011.

TEACHING ACTIVITIES

Courses Taught

Fall, 2023	NRSG 705 Endogenous and Exogenous Determinants of Health	Co-Faculty
Spring, 2023	NRSG 542 Evidence-Based Practice	Co-Faculty
Fall, 2022	NRSG 705 Endogenous and Exogenous Determinants of Health	Co-Faculty
Summer, 2022	NRSG 542 Evidence-Based Practice	Co-Faculty
Spring, 2022	NRSG 542 Evidence-Based Practice	Co-Faculty
Summer 2021	NRSG 542 Evidence-Based Practice	Co-Faculty
Spring, 2021	NRSG 542 Evidence-Based Practice	Adjunct Clinical Faculty
Fall, 2020	NRSG 542 Evidence-Based Practice	Adjunct Clinical Faculty
Spring 2020	NRSG 542 Evidence-Based Practice	Adjunct Clinical Faculty
Spring 2018	NRSG 432 Ambulatory Clinical	Adjunct Clinical Faculty
Summer, 2017	NRSG 380 Health Assessment Lab	Adjunct Clinical Faculty
Spring, 2017	NRSG 380 Health Assessment Lab	Adjunct Clinical Faculty
Spring 2016	NRSG 417 Leadership, Advocacy, & Policy	Teacher's Assistant
Fall, 2016	NRSG 380 Health Assessment Lab	Adjunct Clinical Faculty
Summer, 2016	NRSG 380 Health Assessment Lab	Adjunct Clinical Faculty
Fall, 2015	NRSG 312 Foundations of Nursing Practice	Teacher's Assistant

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PROFESSIONAL AND UNIVERSITY SERVICE ACTIVITIES

Membership in Professional Organizations

2021	Preventive Cardiovascular Nurses Association	Member
2015	AHA (American Heart Association) OBJ	Member
2022-	AHA Early career committee Council of Cardiovascular and Stroke Nurses	Member

Manuscript Reviewer

2022	JAMA	Reviewer
2020	MedOne	Reviewer
2015, 18-19	Journal of Cardiovascular Nursing	Reviewer
2016	Social Science and Medicine	Reviewer

Emory University Service

2015-19	Emory University Emory Women's Heart Center	Co Leader, Annual Program Committee
2023-	Emory Black Student Nurses Association	Faculty Advisor

Emory University Nell Hodgson Woodruff School of Nursing

2023-	PhD Curricula Task Force	Member

2023-	Emory Black Student Nurses Association	Faculty lead
2022-	Dean's Research Advisory Council	Member
2021-	Graduate faculty committee	

Other Community Service

2017-	Volunteer for Annual Church Health Fair	Healthcare Member
2016-	10,000 Women Hypertension Screening	Clinical Volunteer