Class Size: Minimum 5 students

Attendance by Reservation Only, Seating Will Be Limited!
Course is subject to cancellation if enrollment is below 5

Please sign me up for the following selected date:
Ostomy Care 101: Basics of Ostomy Mgmt
☐ November 6, 2015

(Please Print)
Name________________________________
Address______________________________
City___________ State___ Zip__________
Daytime Phone________________________
Email ___________________________

($50 non-refundable cancellation fee)

☐ Major Credit Cards are Accepted
(3% miscellaneous fee added)

To Pay by Credit Card
http://www.nursing.emory.edu/wocnec/order/index.cfm

OSTOMY CARE 101:
BASICS OF OSTOMY MANAGEMENT

November 6, 2015

Presented By:

EMORY

NELL HODGSON WOODRUFF SCHOOL OF NURSING

Wound, Ostomy, Continence Nursing Education Center

Mail, Fax or Email this form
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Course Description

This 1-day course is designed to provide the nurse with the basic knowledge and skills needed to provide care for patients with all types of stomas. The emphasis will be on current research findings and guidelines for care in all settings. The participant will gain skill in the areas of disease states leading to an ostomy, construction of the stoma, management of the ostomy from post-op to outpatient, pouching techniques, product selection, common peristomal complications, and treatment, indications for referral and the psychological impact of ostomy surgery.

Selected Objectives:

1. Outline disease and injury states that may necessitate a temporary or permanent colostomy, ileostomy or urinary diversion.
2. Identify content to include in patient teaching/counseling for a patient with a Colostomy/Ileostomy/Urinary Diversion.
3. Demonstrate procedure for pouch emptying and basic pouch change.
4. Describe the process for “routine” peristomal skin care and protection.
5. Identify indications for use of skin sealants and skin barriers.
6. Describe pouching system characteristics and nursing implications.
7. Demonstrate the “crusting” technique.
8. Demonstrate the procedure for sizing a stoma and creating a pattern
9. Identify common peristomal complications and a treatment for each.
10. Discuss the psychological impact ostomy surgery can have on an individual.
11. List 3 strategies that facilitate adaptation to an ostomy.

Course Outline

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
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<tbody>
<tr>
<td>8:00-8:15</td>
<td>Registration</td>
</tr>
<tr>
<td>8:15-8:45</td>
<td>Indications for Colostomy Construction of Colostomy</td>
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<tr>
<td>8:45-9:45</td>
<td>Education and counseling for the patient with Colostomy</td>
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<tr>
<td>9:45-10:00</td>
<td>Indications for Ileostomy</td>
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<td>10:00-10:15</td>
<td>BREAK</td>
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<tr>
<td>10:15-11:00</td>
<td>Education and counseling for patient with Ileostomy</td>
</tr>
<tr>
<td>11:00-11:15</td>
<td>Indications for Urinary Diversion</td>
</tr>
<tr>
<td>11:15-11:45</td>
<td>Education and counseling for patient with Urinary Diversion</td>
</tr>
<tr>
<td>11:45-12:45</td>
<td>LUNCH (on your own)</td>
</tr>
<tr>
<td>12:45-2:00</td>
<td>Basic Ostomy care: Pouch emptying/pouch change/ routine peristomal skin care</td>
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<tr>
<td>2:00-3:00</td>
<td>Guidelines for appropriate use of adjunctive products: skin sealants, barriers, pouching system characteristics</td>
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<tr>
<td>3:00-3:15</td>
<td>BREAK</td>
</tr>
<tr>
<td>3:15-3:30</td>
<td>Crusting technique</td>
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<tr>
<td>3:30-4:15</td>
<td>Stomal and peristomal pathology: complications &amp; treatment</td>
</tr>
<tr>
<td>4:15-4:45</td>
<td>Rehabilitative care for ostomy patient: psychological impact of ostomy surgery and facilitating adaptation</td>
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<tr>
<td>4:45-5:00</td>
<td>Q+A</td>
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</tbody>
</table>

Successful completion of this course will be demonstrated by attendance for the day and completion of the course evaluation.

Registration Fee $250
Due when registration form is submitted

Location
1762 Clifton Road NE, Suite 2200
Atlanta, GA 30322-4001

Parking
Please call us!

Airport
Hartsfield Atlanta International Airport is 25 miles from Emory University Campus.

Ground Transportation @ Airport
For choices of transportation to or from the airport please visit this website: http://www.atlanta-airport.com/GroundTransportation/

Hotels
Complete Housing List will be provided upon acceptance into course.

CE Credit
Ostomy Care 101: Basics of Ostomy Management Activity ID #31683 has been approved for 7 contact hours by the Georgia Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Instructors
Rose Murphree MSN, RN, CWOCN, CFCN. Director
Janet Ramundo MSN, RN, CWOCN
Lori Borja MSN, RN, NP-C
Merrill Fraser MSN, RN, APRN-BC, CWOCN
Lynette Franklin MSN, RN, APRN-BC, CWOCN-AP

Planners disclose no conflict of interest relative to this educational activity.