

PROGRAM DESCRIPTION

This two-day course will provide the Wound Care Practitioner with the knowledge and skills to provide foot and nail care for individuals with foot and nail pathology and those at risk for limb loss.

Areas of focus will include the following: structures and function of the foot and nail; common pathologic conditions affecting the foot and nail; comprehensive assessment of the foot and nail (sensorimotor, vascular, skin and soft tissue, nails, and footwear); practice issues related to foot and nail care; impact of diabetes on the lower limb and implications for clinical management; preventive foot and nail care and education; management of common problems (thickened nails, ingrown nails, corns and calluses); and a clinical practicum.

The course will involve one day of didactic content, followed by clinical experience in a residential retirement facility.

*This Program Meets the Requirements to
Take the WOCNCB Foot and Nail
Certification Exam*

“Foot and Nail Care: Principles and Practice”,
Activity ID #31537 has been approved for:

Onsite: 13 contact hours

Online: 5 Theory ▪ 8 Clinical
by the GA Nurses Association

PROGRAM FACULTY

Rose W Murphree, MSN RN CWOCN CFCN
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Foot and Nail Care: Principles and Practice

January 22-23, 2015

April 9-10, 2015

(Additional 2015 TBA)

Online classes now available

Presented By:

EMORY

NELL HODGSON
WOODRUFF
SCHOOL OF
NURSING

WOUND, OSTOMY, CONTINENCE
NURSING EDUCATION CENTER

PROGRAM INFORMATION

Content/Time Frame: Onsite Class Schedule

Day 1

| | |
|---------------|---|
| 8:30 – 8:45 | Welcome, Introductions & Overview |
| 8:45 – 9:30 | Anatomy & Physiology of Foot/Nail |
| 9:30 – 10:30 | Common Pathologic Conditions Affecting the Foot and Nail |
| 10:30 – 10:45 | BREAK |
| 10:45 – 12:00 | Comprehensive Assessment of Foot and Nail Status |
| 12:00 – 1:00 | LUNCH |
| 1:00 – 2:20 | “Levels” Approach to Nail Care Professional Practice Issues Related to Nail Care General Guidelines for Care Patient Education Guidelines Guidelines for Referral |
| 2:20–2:40 | BREAK |
| 2:40 - 3:50 | Foot and Nail Care Issues for the Diabetic: Impact of Arterial Disease, Neuropathy, and Charcot Joint |
| 4:00 - 5:00 | Simulations Lab: ABI Testing, Sensorimotor Testing, Assessment Skin and Nails, Identification Common Lesions |

Day 2

| | |
|---------------|---|
| 8:30 – 12:30 | FOOT and NAIL CLINIC |
| 12:30–1:30 | BREAK/Return to Campus |
| 1:30 – 2:00 | Summary/Q & A/Evaluation |
| 11:30 – 12:30 | LUNCH |
| 12:30 – 1:15 | Guidelines for Appropriate Diabetic Footwear |
| 1:15 – 3:45 | Indications & Options for Offloading Fabrication of Alternative Offloading |

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ONLINE Course available to complete the Theory portion of study.

Clinical options are available for onsite precepting



Devices/Indications for Referral

Objectives: Upon completion of this course the participant will be able to:

- 1.) Describe key structures of the foot and nail, changes with aging, and implications for management.
- 2.) Describe common pathologic conditions affecting foot and nails, to include implications for assessment & management.
- 3.) Perform comprehensive assessment of foot and nail status to include vascular status, sensorimotor assessment, assessment of skin and nails, and assessment of footwear and foot care routines.
- 4.) Describe the 3 levels of foot care to include patient characteristics, practitioner qualifications, and interventions.
- 5.) Describe professional practice issues to be addressed in provision of foot and nail care.
- 6.) Describe indications and technique for the following: trimming and thinning of hypertrophic nails; paring of corns and callouses; management of ingrown nails.
- 7.) Identify key aspects of patient teaching related to routine foot care, appropriate footwear, and injury prevention.
- 8.) Identify indications for referral to podiatrist, orthotist, vascular surgeon, or wound care clinician.
- 9.) Describe common complications of diabetes that place the individual at increased risk for limb loss, and implications for foot care nurse.
- 10.) Return demonstration on vascular assessment, sensorimotor assessment, assessment of skin and nail status, and identification of common lesions.
- 11.) Demonstrate correct procedure for lower limb assessment, trimming and debridement of hypertrophic nails, paring of corns and callouses, and management of ingrown nails.

Foot and Nail Care: Principles and Practice

Onsite Registration Fee \$500

Onsite Class size is limited to 8 –10

January 22-23, 2015

April 9-10, 2015

(Onsite, please check the date you would like to attend)

OR

Online Course \$200.00 Clinical at Emory \$300.00
List your name how you would like it to appear on your certificate

Name

Address

City, State, Zip

License Number & State and DOB

EMAIL (REQUIRED)

PHONE

Check

Credit Card (Please visit the link below ↓)

<http://www.nursing.emory.edu/wocnec/order/index.cfm>

Signature

Mail, email or fax this form if you plan to attend to:

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