RESOURCES FOR SUPPORT WITH HEALTH AND WELLNESS, MENTAL ILLNESS & SUICIDE PREVENTION

FOR EMORY STUDENTS

- **Counseling and Psychological Services (CAPS)**: 404-727-7450; http://counseling.emory.edu/
  - Anonymous online self-assessment: http://counseling.emory.edu/services/self-evaluation.html
- **Student Health Services**: 404-727-7551; http://studenthealth.emory.edu/
- **Student Intervention Services (SIS) Team**: 404-430-1120; http://success.emory.edu/SIS/index.html
- **Aetna Student Health Insurance Plan**: 877-261-8403; https://www.aetnastudenthealth.com/emory
- **HelpLine**: Peer counseling, 8:30pm-1:00am; 404-727-HELP (4357)
- **Crisis Text Line**: Text HOME to 741741; Students of color can text STEVE to 741741
- **TrevorLifeline/TrevorChat/TrevorText (LGBTQ)**: 1-866-488-7386 or text “START” to 678678 (Available 24/7)
- **The Trans Lifeline**: 877-565-8860; https://www.translifeline.org

FOR EMORY FACULTY & STAFF

- **Faculty Staff Assistance Program (FSAP)**: 404-727-WELL (9355); http://www.fsap.emory.edu/
  - Anonymous Online Self-Assessment: https://screening.mentalhealthscreening.org/EMORY
- **Aetna Behavioral Mental Health**: 800-847-9026; https://hr.emory.edu/eu/benefits/faculty-staff/medical/index.html

FOR ALL

- **Emory Department of Psychiatry**: 404-778-5526; http://www.psychiatry.emory.edu/programs/index.html
- **Emory Psychological Center**: 404-727-7451; http://psychology.emory.edu/h/psychological-center/index.html
- **Emory Healthcare Veterans Program**: 888-514-5345; http://www.emoryhealthcare.org/centers-programs/veterans-program/index.html
- **Veterans Crisis Line**: 1-800-273-8255; Text 838255; https://www.veteranscrisisline.net/
- **VA Suicide Prevention**: Information and resources; https://www.mentalhealth.va.gov/suicide_prevention/
- **Grady Nia Project**: 404-616-2897; http://psychiatry.emory.edu/niaproject/services/index.html
- **National Suicide Prevention Lifeline**: 1-800-273-TALK (8255); http://suicidepreventionlifeline.org/
- **National Alliance on Mental Illness**: 800-950-NAMI (6264); Text NAMI to 741741; https://www.nami.org/
  - NAMI Georgia: 770-234-0855; https://namiga.org/
  - Educational classes and support groups: https://www.nami.org/Find-Support/NAMI-Programs
  - LGBTQ Community: https://www.nami.org/Find-Support/LGBTQr
- **National Organization for People of Color Against Suicide**: http://nopcas.org/41
- **American Foundation for Suicide Prevention**: https://suicidepreventionlifeline.org/
- **QPR Institute – 3 steps to help save a life**: Question, Persuade, Refer (suicide prevention); https://qprinstitute.com/