Do not get lost in a sea of despair. Be hopeful, be optimistic. Our struggle is not the struggle of a day, a week, a month, or a year, it is the struggle of a lifetime. Never, ever be afraid to make some noise and get in good trouble, necessary trouble.

———

John R. Lewis 1940–2020
Welcome to the end of the summer semester, the edge of fall semester, and the continued upheaval of this moment in time. We must continue to reach for support, find strength within, and keep our energy committed to transformation for all. As nurses with such diversity of skill, it is our duty to uphold our foundational code of ethics: respect, commitment, justice, accountability, personal/professional growth, safety, advancement, collaboration, and integrity. These are words that mean nothing without action. Actions centering these values have the power to transform.

Please know, we cannot move forward without collectivity. As the school continues to provide opportunities for your voices to be heard, take them, use them wisely and call in our leaders towards accountability to uphold our mission, vision, and values.

We are actively reaching out to students and you can reach us directly at desc@emory.edu.
Dr. Lisa Muirhead has been appointed by Dean McCauley to serve as the Assistant Dean of Diversity, Equity, and Inclusion. She will work along side a forthcoming Chief Diversity Officer who we are expected to meet in the coming weeks, and who was recommended to the Dean by a committee that has been meeting since last fall to forward this work at the SON.

Dr. Muirhead’s Letter to SON
Meet & Greet with Dr. Muirhead
7/23 & 7/24 @ 12p

From Brené Brown:
1. Will I choose courage or will I choose comfort?
2. Will I show up and be seen, even when I cannot control the outcome?
3. Do I let in what’s constructive and not let in criticism that keeps me from trying to be brave?

From Adrienne Maree Brown:
1. As things fall apart, do we have the capacity to sustain humility?
2. What is the most important question of our time? (From Grace Lee Boggs, by way of Marcia Lee)
With the new Office of Diversity, Equity and Inclusion (ODEI) coming to NHWSON this fall, let's begin to think critically about different ways we can create sustainable change in our institution that are innovative, socially responsible, collaborative, and centered in leadership and excellence.

**Prejudice Reduction: What Works**

**Author of White Fragility discusses her book at length!**

**Emory University's DEI resource list: reporting, reading, listening etc.**

**Harvard Business Review:**
- Moving Beyond Diversity Towards Racial Equity
- Why Diversity Programs Fail

**Affinity Group FAQs**
As we pass through this portal, let’s think about what we might take to the other side, and what we want to leave behind.

1. What would you want to take with you?
2. What, if anything, from your old life do you want to leave behind?
3. What do you appreciate that you would like to take with you?
4. What change, if any, would you like to see, and commit to bring about, on the other side?
Please take responsibility for the energy you bring into this space.

Your words matter. Your behaviors matter. Our patients and our teams matter.

Take a slow, deep breath and make sure your energy is in check before entering.

Thank you.
An excerpt from: On the End of Mango Season, and Still Falling Fruit

Love does not want this body swelled as a June-split mango, bruised as all tree fruit pre-fall, sitting atop tufts of dead grass and snakeskin. This body been baked for hours in the sun, has stung the fence and leaves sweet and untouchable. The branches, bare and brown, been pulled down like the arms of hopeless mothers.

Each pulp-stained head, a shade of summer we call red. One ripe stone-fruit, firm on one side, half-eaten, brown or bruised on the other. The pulp darkened in the heat, sap lost all color overnight, and where the mango sat rotting, a face-like indent marked the once-alive grass. Three months of fruit gathered beneath the tree, brown, bodies.... continue here
Marsha P. Johnson was an activist, self-identified drag queen, performer, and survivor. She was a prominent figure in the Stonewall uprising of 1969. Marsha went by “Black Marsha” before settling on Marsha P. Johnson. The “P” stood for “Pay It No Mind,” which is what Marsha would say in response to questions about her gender. It is the consideration of who “Black Marsha” was that inspired The Marsha P. Johnson Institute.
Samy Nour Younes provides a short history of the legacy of trans existence and activism on the Ted Stage.

Imara Jones: The Future of Trans

Check out:

- UCSF's Center of Excellence for Transgender Health
- National Center for Transgender Equality
- Dr. Kim Maryniak's Considerations for Care
WHERE TO DONATE IF ABLE

Bail funds for protesters (courtesy of Emory GSGA)

Organizations helping rebuild cities/defend communities of color from police violence

Twin Cities:
Opportunities to Donate

Portland:
The Black Resilience Fund

Chicago:
Support Black families in need of baby supplies

Atlanta:
Homeless Black Trans Women Fund

Master doc of mutual aid funds, legal help, charities, memorial funds, and more
"We are like islands in the sea, separate on the surface, but connected on the deep"

- William James

why are masks important?

CDC Strategies to Reduce the Spread

March for Masks Event 8/6/2020
Join Emory Student Leaders in advocating for appropriate PPE for healthcare workers and all people. The students are asking for help with various aspects this event including: speakers, poets, and organizers. Please reach out to Nicole Lopez to support this event! Nichole.Frances.Edge@emory.edu

What has this pandemic unearthed in the United States?
2020: THE YEAR OF THE NURSE AND MIDWIFE

Remember that time before COVID? Before our worlds were turned upside-down? We started the year with pride as nursing students, how has this pandemic shown different sides of our healthcare system? Where can we lead as nurses? How have nurses lead historically?

How has the pandemic changed your understanding of your role as a nurse leader?

How has this pandemic increased nurse's visibility and recognition as professionals at this time?

Diana Mason has written a thought provoking article in the Journal of Urban Health addressing many of these questions. Nursing is quite an intersectional field that encompasses issues of class, gender, race and much more! Enjoy this powerful article.

How can we improve our field?
Email us at desc@emory.edu with any comments, questions, or resources you would like to share in the next newsletter!

**WE ARE DESC:**

Erin Brown (Post-BSN to DNP)
Cat Dymond (AMSN)
Katiana Carey-Simms (AMSN)
Sierra Hardy (CRNA)
Jessie Malone Friedman (AMSN)

Review our past newsletters here!